



TRADITION.
INNOVATION.
EXCELLENCE.

AFTER-SCHOOL ACTIVITIES

Session III

2019-20

Book Club for 1—2 or 3—5

Instructor: Mrs. Lisa DeArmit

Days: Tuesdays (1—2) and Wednesdays (3—5)

Time: 2:45—3:45

Cost: \$75

Session: 6 weeks

(1-2: January 28, February 4, 11, 18, 25, & March 3)

(3-5: January 29, February 5, 12, 19, 26, & March 4)

About: Mrs. DeArmit has been sharing her love of books for over 30 years. During book club the children will hear chapter books and classic stories, and then do age appropriate activities in their book folders and journals.

Instructor Bio: Mrs. DeArmit has been teaching little ones to read for over 30 years and prides herself at finding the exact right book for each student. Reading is the gateway to learning success, and book club sparks the desire to become a life-long reader.

Creative Cooking

Instructor: Ms. Christina Ervin

Grades: PreK—5

Days: Mondays

Time: 2:45—3:45

Cost: \$100

Session: 5 weeks

(January 27, February 3, 10, 24, & March 2) *No School/Cooking on February 17*

About: This is a 5 week program that will address educational learning standards for young people to achieve the following goals:

- To listen effectively for information
- To speak effectively with acquired information
- To analyze information, ask questions and develop solutions
- To apply mathematics and science to everyday life

This program is an innovative way to achieve these goals: by creating the recipes, the children will experiment, experience, and be engaged in the learning process while they are having fun! Each child will be supplied with a reusable sealable bowl to bring each week for their “leftovers” along with a recipe for success and lifelong learning.

Instructor Bio:

Ms. Ervin is the Finance Office Manager at the Alpha school. She has an Associate’s Degree in Accounting with a certification in Business Management. Even though she does not have a background in teaching, this mother of three has a passion for cooking with kids whether they are her own or yours.



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Dance

Instructor: Mrs. Angie Hubbard

Grades: K–5

Days: Mondays

Time: 2:45–3:30

Cost: \$90

Session: 6 weeks

(January 27, February 3, 10, 24, & March 2, 9) *No School/Dance on February 17*

About: This program is designed to help students find a connection to movement through the art of dance. In this program we will explore various types of dance styles and work to develop an inner confidence that gives us the freedom to express ourselves through creative movement. We will use multiple dance variations and styles as well as explore their relationship to music. Our goal by the end of our session is to have been exposed to multiple dance modalities as well as find rhythm and have the ability to pull movement together to create a piece of dance art.

Instructor Bio: Mrs. Hubbard has had a lifelong love of dance. Starting dance at 5 and continuing her dance study through high school. Upon graduation she was accepted into the BFA dance department at Marymount Manhattan College and the Martha Graham School for Contemporary Dance. Returning to Pittsburgh she continued her dance study briefly at Point Park before moving to Bermuda. In Bermuda, she taught all styles of dance at the Island's oldest dance studio, the Jackson School of Performing Arts. Instructing over 700 students in classes from ballet, jazz, tap and hip hop as well as heading up their modern dance program. While on the Island she performed professionally as a company member for the National Dance Theatre of Bermuda, The Bermuda Civic Ballet and the Bermuda Dance Company. Returning to the states in 2004 she moved to Florida where she continued to teach, perform and study throughout the Ft. Lauderdale and Miami area. Currently, Mrs. Hubbard is a fully certified Pilates Method Alliance instructor as well as Yoga and Barre teacher. You can find her busy teaching Pilates, yoga and dance classes through her studio Three Little Lotus, LLC as well as being a full time mom to her three girls.

Guitar

Instructor: Mr. Colin Dugan

Grades: 1-8

Days: Tuesdays, Wednesdays, or Fridays

Time: 2:30-5:00 (30 minute time slots)

Cost: \$170

Session: 8 weeks

(Tues & Wed: Week of January 27 through Week of March 16)

(Fri: Week of January 21 through Week of March 23) *No School & No Guitar on February 14 & March 13*

**** Please note that the cost is a flat rate of \$170 regardless of attendance. Make up classes will only be issued if the instructor needs to cancel the class or school is cancelled. Please note that there will be no reimbursements.**

About: Private music lessons! Subjects include: 1) guitar performance - beginner to intermediate levels, 2) music theory - how the language of music works, 3) song-writing/ composition - how to write music. The latter subject will be taught mainly using Mac computer programs, i.e. GarageBand and Logic X Pro, but will also incorporate non-digital musical experiences that are essential to the art of composition.



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Instructor Bio: Colin is a certified music educator with nearly 20 years of experience in musical performance, composition and theory, as well as an active contributor to both the electronic and singer/song-writing corners of the musical world. Colin would like nothing more than to work with any student that wishes to pursue their musical passion. In the private lesson setting, he is able to personalize the learning for each student. Time can be dedicated to specific tasks and areas that excite and challenge them, all while building on the musical foundation we work to establish in the general music classroom.

Lego Storytelling

Instructor: Ms. Christina Ervin

Grades: PreK-5

Days: Wednesdays

Time: 2:45-3:45

Cost: \$75

Session: 5 weeks

(January 29, February 5, 12, 19, 26)

About: This after school class will use the LEGO Education Storytelling kit as a hands-on learning tool to enhance student's imagination and creativity. We will build mini-figures and use the iPad to create our own stories.

Instructor Bios: Christina Ervin is the Finance Office Manager at the Alpha school. She has an Associate's Degree in Accounting with a certification in Business Management. Even though she does not have a background in teaching, this mother of three has a passion for teaching kids whether they are her own or yours.

Piano

Instructor: Mr. Ethan Ludwick

Grades: K-8

Days: Tuesdays

Time: 4:00-6:00 (30 minute lessons available)

Cost: \$265

Session: 8 weeks

(Week of January 27 through Week of March 16)

**** Please note that the cost is a flat rate of \$265 regardless of attendance. Make up classes will only be issued if the instructor needs to cancel the class or school is cancelled. Please note that there will be no reimbursements.**

About: Curriculum for students in grades K & 1 will consist of an introduction to music literacy, or pre-reading approach to making music at the keyboard. Classes will consist of singing, ear training, rhythmic movement, fundamental coordination and technique, and learning traditional songs by rote. Curriculum for students in grades 2 & 3 will consist of singing, ear training, rhythmic movement, fundamental coordination and technique as found in the K & 1 curriculum, but also includes an emphasis on reading music and patterns on the traditional grand staff. Curriculum for older students will be based on ability levels.

Instructor Bio:

Mr. Ethan Ludwick holds a Bachelor's Degree in Music Performance (piano) and a minor in English from University of Valley Forge. He has received several awards and honors which include placing in the top ten at the National Fine Arts Festival, receiving the Young Musician's Award, receiving multiple music scholarships from his alma mater, and performing during the University of Valley Forge's Baccalaureate service his



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graduating year. Mr. Ludwick also received several years of training in guitar and voice while in college. He works with young children on regular basis.

STEM Club

Instructor: Ms. Sue Shick

Grades: 1–8

Days: Monday

Time: 2:45–3:45

Cost: \$75

Session: 5 weeks

(January 27, February 3, 10, 24, & March 2) *No School/STEM on February 17*

About: The Alpha STEM Club is a group of students working together using hands-on games, activities, and experiments to explore science, technology, engineering, and mathematical concepts. Classroom curriculum will be reinforced and extended. Children of varying abilities can benefit from the program in a relaxed and fun atmosphere.

Instructor Bio: Ms. Shick is passionate about Catholic education and serves as Alpha's Intermediate Mathematics Department teacher. To compliment her classroom activities, Ms. Shick founded the Alpha Math Club in 2010. This successful after school activity has now expanded to become the STEM Club, addressing the areas of Science, Technology, Engineering, and Mathematics.

Tennis

Instructors: Coach Mark Haffner

Grades: PreK-5

Days: Mondays

Time: 2:45-3:45

Cost: \$108

Session: 6 weeks

(January 27, February 3, 10, 24, & March 2, 9) *No School/Tennis on February 17*

About: Join Coach Mark for these fun-filled tennis classes. Students will learn court awareness skills, forehand, backhand, and more. Racquets and tennis balls will be provided.

Instructor Bio: Coach Mark Haffner is a USTA 2010 Tennis Pro of the Year, PTR Certified Teaching Pro and AFAA Certified Personal Trainer. Mark has been teaching tennis for over 20 years to all ages and levels. This year will be Mark's 5th year teaching at the Alpha School.

Young Brothers Tae Kwon Do

Instructor: Master Eric Gavula

Grades: K–8

Days: Tuesdays and Thursdays

Time: 2:45–3:45

Cost: \$135/month (uniforms included)

***Please note that all registrations and checks go straight to Master Gavula not to the school.**

Session: ongoing starting September 3



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About: Students will learn basic, kicks, blocks, punching and their first pattern. Once a student knows and understands the required techniques, they will be recommended for their first promotion testing. Usually this testing will occur between weeks 4 and 6. Students will need to memorize and be able to recite Tenets, Student Oath, and counting to ten in Korean for their first test.

Instructor Bio: Master Erik Gavula (Head Master, Young Brothers Cranberry Township) began training in 1980 under Grandmaster Kong Young Bo at the age of 10. He currently has his 6th Degree Black Belt. In his career, Master Gavula earned the AAU Gold Medal for the National Champion held at Notre Dame University, the silver medal for North American Open Championship (Toronto, Canada), the Pennsylvania State Karate and Tae Kwon-Do Championship simultaneously, has an undefeated record in amateur boxing/kick boxing, and earned the 1986 Black Belt of the year. Master Gavula has his Bachelor of Science degree, as well as an MBA, and is an Amber Watch Certified Instructor.